Study Strategies	Feynman Technique

The Feynman Technique was developed by Richard Feynman. He was a Nobel laureate in Physics and a master at making complex topics understandable. To Feynman, complexity and jargon often mask a lack of understanding. His learning technique has 4 steps.

Step 1: Select a concept to learn	- Open a blank document or grab a piece of paper - Write everything you know about it already - Using a different color font or ink, add to what you know as you learn more - Once you think you know it well enough, move to step 2
Step 2: Teach it to a child	- If you have a younger sibling, do this literally - No younger sibling? Use a friend who is not in your major/class - Test your understanding by getting rid of the academic language - Get rid of jargon and complexity and use words understandable by a 12 year old (or someone outside your major) - Simplicity reveals depth of understanding
Step 3: Review and Refine	- Write/type your simplified explanation - Writing helps with reflection and learning - It also provides another input for the information - Read it outloud and test if it sounds simple enough or is still too confusing
Step 4: Organize and Review	- Find a new person - Present your explanation – was it effective? What questions did they ask? What parts did they get confused about? - Use their answers to the questions to refine it one more time - Save that page or file for use when it's time to review for a test[1]

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LEARNING SERVICES

[1]"The Feynman Technique: The Best Way to Learn Anything." 2012. Farnam Street. April 26, 2012. https://fs.blog/feynman-technique/. Entire handout was adapted from the above source.